



Tools

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Physician's Operations Manuals and Strategies

Assessing Your Practice, "The Green Book":

Know your patients, know your people, know your processes, know your patterns.

"Clinicians work very hard in today's health care environment. Finding the time and tools to critically reflect and analyze the practice is hard to do. This workbook is a "map" that can be customized to local context and needs in order to support practice evaluation and improvement. Identification of dysfunctional processes, wastes and delays, and deeper knowledge of patient and people can improve patient care, outcomes, and staff work life.

The AIM of The Green Book is to provide an organized method to assist practices in collecting information and data to identify opportunities which can lead to significant improvements which improve patient care, outcomes, and staff work life. The forms and tools in The Green Book can be adapted to local context and needs."

clinicalmicrosystem.org.



Bright Futures Guidelines and Tools

brightfutures.aap.org/web/healthCareProfessionalstoolsAndResources.asp

Bright Futures: Guidelines for Health Supervision of Infants Children and Adolescents

Description:

This is the cornerstone of all the Bright Futures publications. It presents detailed framework for health professionals, in partnership with families, to promote health and development of children ages 0-21.

Product Highlights:

This manual provides health questions, developmental observations/milestones, immunizations, screenings and anticipatory guidance for 29 recommended health visits. New appendixes include 2002 immunization schedule and CDC growth charts.

Guidelines for Health Supervision of Infants Children and Adolescents Pocket Guide

Description:

This guide presents the comprehensive Bright Futures: Guidelines for Health Supervision, 2nd Edition, Revised in a concise format.

Product Highlights:

This popular training and quick-reference tool highlights the most important components of each of the 29 well-child visits as well as the major appendixes. The 2002 Revised Edition includes such topics as the Guidance on second-hand smoke, CDC's 2002 Recommended Immunization Schedule and new question on medications, nutrition and physical activity during pregnancy.

Bright Futures in Practice: Nutrition

Description:

This guide provides developmentally appropriate nutrition supervision guidelines for infancy through adolescence. It also presents information on nutrition issues and concerns such as breastfeeding, eating disorders, and iron-deficiency anemia.

Product Highlights:

This 2nd edition includes recent changes in nutrition practice and policy and a special issue chapter on human immunodeficiency virus. In addition, the 2nd edition contains reproducible master copies of nutrition questionnaires appropriate for use with families with infants, children, and adolescents as well as CDC growth charts.

Bright Futures in Practice: Nutrition Pocket Guide

Description:

This product highlights key nutrition aspects of each developmental period and provides tools for focusing on certain issues and ages.

Product Highlights:

This guide includes tools such as indicators of nutrition risk and tips for promoting food safety in a handy pocket size which is a popular training and quick reference tool.

Bright Futures in Practice: Mental Health

Description:

Bright Futures in Practice: Mental Health is a 2-volume set that considers the mental health of children in a developmental context and provides information on early recognition and intervention for specific mental health problems and mental disorders, as well as tools for use in screening, care management, and health education.

Product Highlights:

This publication is composed of three basic sections:

1. Developmental Chapters-including infancy, early childhood, middle childhood and adolescence.
2. Bridges- this section presents information on intervention for specific mental problems and mental disorders.
3. Mental Health Tool Kit-this volume offers hands on tools for health professionals and families for use in screening and health education.

Bright Futures in Practice: Physical Activity

Description:

Bright Futures in Practice: Physical Activity features developmentally appropriate physical activity supervision guidelines for infancy through adolescence. Information on physical activity issues such as asthma, diabetes mellitus, and obesity can also be found as well as useful tools including lists of characteristics of excellent physical activity programs, resources, and CDC growth charts.

Product Highlights:

Emphasizing prevention and early recognition of physical activity concerns, Bright Futures in Practice: Physical Activity provides developmental guidelines from infancy through adolescence. This guide also includes tools and strategies to help health professionals incorporate physical activity counseling into their practice and to involve families and communities as partners in promoting physical activity.

Bright Futures guidelines and tools are available at:

brightfutures.aap.org/web/healthCareProfessionalstoolsAndResources.asp

Distance Learning Tool Provides Strategies for Health Promotion in Pediatrics

(MCH Alert 11/21/03)

Pediatrics in Practice, an online professional development curriculum, provides educators and clinicians with innovative strategies for enhancing health care encounters with children and families. The Bright Futures Health Promotion Workgroup, a national expert panel comprising pediatricians, clinician educators, nurses, and parents, developed the

curriculum with support from the Maternal and Child Health Bureau. The curriculum consists of six modules that cover the following topics: partnership, communication, health promotion, time management, education, and advocacy. A facilitator's guide provides an overview of teaching strategies and instruction on how to implement them. A PDF file library, community resources, and other educational resources are also included. The curriculum is intended to help educators and clinicians effectively integrate health promotion into pediatric training and practice. The curriculum is available at <http://www.pediatricsinpractice.org/>.

Practicing Comprehensive Care: A Physician's Operations Manual for Implementing a Medical Home for Children with Special Health Care Needs

"This 45 page manual is written for physicians interested in enhancing the way they care for children with special health care needs in their local pediatric practices. The authors describe the medical home model, a promising approach to meeting the challenges of service delivery. The manual also highlights the work and lessons learned from the Pediatric Alliance for Coordinated Care, a consortium of Boston area primary care and specialty providers that has created an enhanced system of care for this group of children and their families. The Division of General Pediatrics at Children's Hospital Boston provides the program coordination.

The manual offers practical advice and suggestions to support the day-to-day operations of pediatric offices to more efficiently and effectively serve children with special health care needs."

This manual was created through a joint effort of the Division of General Pediatrics/Institute for Community Inclusion at Children's Hospital, Boston; The Robert Wood Johnson Foundation and the Center for Health Care Strategies, Inc.; and the Health Resources and Services Administration's Maternal and Child Health Bureau.

To download this manual click on the link below:

www.communityinclusion.org/publications/compicare.html

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